

What's Coming in the Future

- Refill prescriptions
- View appointment dates
- View co-payment information
- Delegate access to all or some of your on line information to others
- Receive a copy of key parts of your VA medical record



www.myhealth.va.gov

My HealtheVet is a web-based application designed specifically for veterans and their families. It will help veterans work better with healthcare providers to achieve the best possible health.



Department of Veterans Affairs
Veterans Health Administration
Office of Information

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<http://www.myhealth.va.gov/>

Since November 11, 2003, Veterans have had one-stop shopping for VA benefits, health information and services as well as health assessment tools.

My HealtheVet
What's New

Voluntary

Internet-based

Secure



The Gateway to Veteran Health & Wellness

What You Can Do On Line

Add information to your personal health record

- ✓ Allergies
- ✓ Tests and procedures
- ✓ Over-the-counter medications and supplements
- ✓ Military health history
- ✓ Recent medical events
- ✓ Personal information, e.g. self and emergency contact information, health care provider data and health insurance data. *This personal information can be printed on a formatted **Wallet ID Card**.*

Record and track personal health readings in your personal health record

- ✓ Blood pressure
- ✓ Blood sugar
- ✓ Cholesterol
- ✓ Pain
- ✓ Body temperature
- ✓ Weight
- ✓ Heart rate

Access Learn About – a new feature that allows you to select A-Z topics, such as health education, computer training resources, and other areas of interest.

Continue to research medical information, access self-assessment tools and get valuable VA information and news.

How To Get On Line

Everyone must register to use the new features on My Health_eVet. A Registration Wizard will guide you through the seven step process.



STEP 1

Create a User ID. User ID is the unique name of your My Health_eVet account.

STEP 2

Create a Password. The Password is your code for accessing your account.

STEP 3

Create a Password Hint. The Hint is used to help you remember your password.

STEP 4

Provide Registration Information. Information includes your name, email address, veteran status, etc.

STEP 5

Accept Terms & Conditions. Read and accept the terms for using My Health_eVet.

STEP 6

Understand Privacy Policy. Read and understand the VA's policy for keeping your information private.

STEP 7

Confirm Registration. Review and confirm the completed steps.



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Use My Health_eVet to partner with your provider to manage your health needs.

HELP Getting On Line

- Staff and volunteers throughout the VA health care network are preparing to walk you through registration, and assist you with browsing the site.
- Training is available right on the My Health_eVet website. Just click on any HELP button or the symbol below for assistance.



Click on this symbol on line for more information.